



RUN BEYOND IN YOUR SCHOOL

Empowering Students Beyond The Finish Line!

The Run Beyond Project provides coaching and mentoring programs to high school students in need, using running as a medium. It develops capacities around goal-setting, commitment and resilience, and promotes emotional and social development.

Students participate in theoretical sessions, combined with physical training to prepare for a challenging but achievable goal event, usually between 10km and a half-marathon in length.

The project, at no cost to participating schools, involves the implementation of a set curriculum by teachers like you, with our ongoing support and guidance, which includes participation in our Run Beyond Training Day, for which Run Beyond covers Teacher Relief and travel expenses.

Participating students are rewarded with free professionally-fitted shoes, Run Beyond apparel, travel and entry to their goal event, as well as a Certificate of Graduation at the completion of the program. Of far greater value, however, are the skills developed, experiences enjoyed, the sense of belonging and the confidence that comes with the achievement of significant goals.

We are looking for teachers with a passion for going beyond to help their students to implement the program in their school. Implementation is on a weekly basis, over a term, depending on the goal-event, and is before or after school.

We provide you with:

- Engaging curriculum resources.
- Pre-implementation training and ongoing support with implementation.
- A Level 1 Community Coaching Certificate where required.
- Run Beyond apparel.
- Professionally fitted running shoes.
- Entry to the Goal Event
- Travel and accommodation expenses where applicable.

Having started in 2015 at Chester Hill High School, we have since run programs successfully in 19 schools throughout New South Wales and Queensland and are continuing to expand.

Think you've got what it takes, or know someone who does? Get in touch.

David Criniti
Founder - The Run Beyond Project
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“It's something that I will always talk about and ... that I recommend other people to try because it changed my perspective of the world.”

Mohamed - 2016 graduate



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Some more words from our graduates...

“Initially, I was very apprehensive about applying for RBP because I didn’t think I would be as good as the others. Soon I realised that it’s not about being better than others, it’s about improving myself”

“The RBP has been such a positive experience for me and I believe in myself more now than I ever have.”

“The Run Beyond Project has been a once in a lifetime opportunity. Having helped mold me into someone better, both physically and mentally, I see the healthy changes made. I’m just so, so thankful for the support from teachers, parents, and people I haven’t even met before who have played their part in the project.”



“I learnt with struggle and very hard work ...you reach goals that were impossible. This project helped me set higher goals ... made me realise that there is nothing impossible.”

“I’ve learned setting goals, resilience and commitment. It helped not just in running. It’s beyond running. It helped me even if get down in future you get back up and never give up.”

“The Run Beyond Project has taught me how to be resilient in the face of adversity and how to push through the tougher times.”

“The best thing was we all became a family. We became so close, we shared so many memories even after our race finished”



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