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SUCCESS



The Run Beyond Project is designed to help participants create their own success.



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We work hard to help you complete your Goal Race.



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We also teach you to realise how you can be successful **beyond** this project, and **beyond** just running.



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Success requires you to think about a lot of the things you've learnt through the project...



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...like goal setting, commitment, resilience, and having a Growth Mindset.



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Remember, people can see us succeed, but they **don't** see **most** the things that build our success...



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The Iceberg Illusion

Success is an iceberg



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WHAT PEOPLE SEE

Persistence



Failure



Sacrifice



Disappointment



WHAT PEOPLE DON'T SEE

Dedication



Hard work



Good habits



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Activity: Write a few paragraphs that outline how you would like to see yourself being successful in the future...



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...Write about what people will see and all of the things they won't see...



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...Write about how you'll have to be persistent, overcome failure, make sacrifices, deal with disappointment, dedicate yourself, work hard and form good habits.



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